



**OLTOA**  
Outdoor Leader Trainers of America



Dear Paddler,

Thank you for your interest in enrolling in the American Canoe Association Level 2 Kayak Touring Skills course on May 25th, 2024. This course will be taught with skirted kayaks.

This course is (or can be) the first step in becoming an ACA Certified Kayak Touring Instructor. It can also be just a great way to take your basic kayaking skills up a notch, or it can be used to help prepare for the ACA Level 2 Kayak Skills Assessment. (Note: We are offering the L-2 Kayak Skills Assessment on May 26<sup>th</sup>)

We will meet you at the boat ramp at Range Pond State Park 26 State Park Road Poland Maine at 900 AM sharp. We have a lot to cover and your timeliness is appreciated! Please note the above address as there is more than one Range Pond boat ramp in the area. Before you enter the park you will need to show your park pass or pay an entrance fee. (\$6.00 for residents and \$8.00 for non residents) Once you go through the gate, take your first left and follow the road to the boat ramp on your left.

Some good things to know in advance:

This workshop will demand your full mental and physical attention all day. You may be asked to paddle in wind and or river currents. Please come prepared to get wet. To participate in this workshop, you will need to be able to spend several hours in a kayak, have the physical ability to perform self and assisted rescues, and carry your kayak 100 yards over uneven terrain. You should plan to come to this workshop well rested and leave tired. This course will be physically and mentally demanding.

OLTOA will be providing instruction and basic safety equipment. We will spend the majority of the day on the water. Please bring your own snacks, lunch and water each day. To enhance the quality of the program and the safety of our entire class, we ask that you bring all of the equipment on the enclosed bring list. (See below for the bring list) If you are missing something on the bring list, please call us and we will try to help you get what you need. ***This is extremely important! Note: If you are flying to this workshop, and you need to rent a Kayak or equipment, please let us know in advance.***

To register for this course:

- 1) Please contact OLTOA and make sure that there is space available in this class.
- 2) Go to [www.oltoa.com](http://www.oltoa.com) and click on "How to Register" and follow the instructions on the website.
- 3) Fill out the course registration form and the medical form. Return them to OLTOA with your payment of \$150.00. Please send the above to

4) OLTOA- LLC 157 Mount Hunger Shore Road Windham Maine 04062

Cancellation Policy: If you need to cancel:

- Within 45 days of the start date of your class you will be given a full refund
- Within 35 days of the start date of your class you will be given a 50% refund
- If you cancel after the above times no refunds will be given
  - We reserve the right to cancel any offering due to low enrollment.
  - If we cancel due to low enrollment you will be given a full refund.

Please feel free to contact me with any questions you may have.

Yours in adventure,

Bob Myron

Outdoor Leader Trainers of America, LLC

ACA ITE Coastal Kayaking, IT Canoeing and SUP

bobmyron@live.com

207-720-0257

[www.oltoa.com](http://www.oltoa.com)

revised 4-13-2024

Please see the bring list below:

## "Bring List" for ACA Coastal Kayak Instructor Candidates



### **Required:**

- Sea Kayak (with bulkheads or floatation)
- Spray Skirt
- Paddle
- Spare Paddle
- Personal Flotation Device
- Helmet and warm skull cap\*
- River Knife or EMT Shears (or pocketknife for level 1 & 2)
- Dry Bag (Large enough for warm clothes)
- Repair kit\*
- Paddle float
- Pump
- Tow Belt
- Compact waterproof flashlight\*
- Handheld compass
- Deck Mounted compass\*
- Waterproof watch
- Dry suit or Wet suit and paddling jacket. A **DRY SUIT IS HIGHLY** Recommended for this course - OLTOA rents dry suits for an additional fee- call for availability and reservations)
- Pogies or Neoprene Gloves
- Appropriate clothing & Footwear for paddling in 38 degree water with air temperatures of 40-50 degrees (Temperatures are in Fahrenheit)
- Toilet Paper & 2-Quart Tupperware Container for human waste \*
- Basic First Aid Kit
- Water bottles or hydration system (filled with water)
- Snacks & lunch for on water days
- Notepad and Pen & Personal resources for your presentations; Books, visual aids etc.
- Anything else you feel you need to guide a successful day trip
- Proof of ACA Membership (ACA Number)
- ACA Instructor Manual (This is a required item and must be purchased directly from the ACA)

### **OPTIONAL:**

- Flares, Strobe and VHF Radio
- Helmet
- Cash for food
- Casual clothing for classroom sessions
- Towel
- Dry Gear Bags for keeping spare clothing dry

\*Items not required for Level 2 courses

Note: "May be provided by your school" only applies if we are coming to your location to run this course.

Outdoor Leader Trainers of America , LLC. 4-22-24
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